illustrates the perilous nature of the duty demanded of the men assigned

to the Bering Sea watch.

"For several days," said Dodge, "I played cribbage with Montgomery. the skipper, and helped him consume. the best supplies in the mess. But Montgomery soon become morose. broading over the probability that he would never again get a ship's command. He began drinking Japanese liquor heavily and grew threatening.

"With their skipper in this ugly mood, the crew, a hard outfit, also grew mutinous. Led by Gillie, a hig Kanaka mate, they threatened to take the ship from me, place me in irons and kill me and make a run of

it for Japan.

"For days my life hung by a thread. but I finally convinced them, that, though they might easily overpower me, they would probably be arrested for piracy in the first port they touched.

"Montgomery, crazed with drink, had tried three times to jump overboard, so that I had to put him in irons. And so we finally reached Sitkn, where the Northern Light was confiscated and condemned.

"It was an expensive barrel of skins for Montgomery and the ves-

sel's owner."

The "forbidden sea" has wrecked or snuffed out the lives of many men who have tried to break through its smoky, cutter-haunted horizons.

. HOUSECLEANING — RECIPES * . SEVERAL KINDS OF POLISH

Eight ounces linseed oil, 14 pint vinegar, 1/2 ounce alcohol, 1/5 ounce butter of antimony, 1-3 ounce muriatic acid. Mix all of the ingredients thoroughly and keep in a closely corked bottle where children cannot reach it. This is not a polish for white bread; date cakes; cocoa. pianos or highly finished mahogany.

Cleaning Ironware

Dodge's trip on the seized vessel | mutton tallow tied in a piece of cheesecloth. Heat the iron utensil until it is hot enough to melt the wax, then rub thoroughly, scour off with salt, then wash in hot, soapy water.

To Clean Zinc

Alum and vinegar make an excellent cleaning compound for zinc. Boll one quart of strong vinegar, add 2 ounces of alum and stir until dissolved. Apply hot. Keep in a tightly corked bottle. Badly stained nickel can be cleaned by boiling in this mixture.

Recipe for Silver Polish

One cup of wood alcohol, 2 tablespoons household ammonia and 14 cup precipitated whiting make an excellent polish for silver. Mix all of the ingredients and keep in a closely corked bottle. Shake thoroughly before using. The polish should be of the consistency of milk.

To Clean Brass and Copper

Wash the article in hot, soapy water and rub with a paste of rottenstone and sweet oil. If badly tarnished, clean with a weak solution of exalic acid before washing. alle acid is a poison; it is dangerous to use if the skin is broken anywhere on the hands:

To Clean Graniteware

Allow 1/2 cup of washing soda to one quart of water. Mix a quantity sufficient to cover the granite iron utensils and boil them in the solution one hour. Rub obstinate spots with sapolio.

To Clean Nickel

Rub nickeled articels with a paste made of whiting and ammonia. When dry, rub off with the powder and polish with a woolen cloth.

0-0-LENTEN MENUS FOR ONE DAY Breakfast - Fish balls; Johnny eake: coffee.

Luncheon - Curried vegetables;

Dinner-Mock beefsteak; boiled onions; creamed potatoes; ginger Have ready a lump of beeswax or , ice cream; wafers; coffee.